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## St. Andrew's Church

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The Very Reverend  
**Frank M. Levi, MA**  
Rector

The Rt. Reverend  
**Franklin H. Sellers, D.D.**  
Rector Emeritus

The Reverend  
**Derrick Hassert, Ph.D.**  
Curate

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### MARCH 2010

*(The following essay is taken from the book, Spiritual Disciplines Devotional by Valerie E. Hess. The particular discipline she discusses is fasting, which is quite appropriate for Lent.)*

### What and Why

“The grace of God that brings salvation has appeared to all...It teaches us to say ‘No’ to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age, while we wait for the blessed hope—the glorious appearing of our great God and Savior, Jesus Christ.” Titus 2:11-13

These verses sum up the reason for the discipline of fasting. The whole point of saying no to an otherwise normal activity is for the sake of waiting well for Jesus’ glorious appearing. Christian fasting is not for weight loss, political manipulation or punishment; its whole point is to make us better disciples of Christ.

Fasting often brings out the worst in us. In our hunger we uncover a spoiled child within that demands what it wants when it wants it under threat of throwing a temper tantrum. We discover we use treats to cover up greed and



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a naturally selfish nature. We discover that we aren't as nice as we think we are. Jesus invites us to embrace the blessed hope that the best is yet to come. Jesus invites us to wait for the true joy that He has promised, not getting sidetracked by what we put in our mouths or use to medicate painful thoughts. The tension is always, can we trust Him to fill the emptiness we create in ourselves through fasting with something even better?

**Parish News**

The Rev. Rick Lighthart, President of PASS, was the guest preacher at St. Andrew's on Sunday, January 31, 2010. PASS is a pro-life crisis pregnancy center in Tinley Park. The service was followed by a pot-luck luncheon in the Parish Hall. The offerings at the Wednesday night services during Lent will go to PASS.

St. Andrew's Preschool had an outing to Medieval Times in Schaumburg on Monday, February 15, 2010. Nineteen adults and children took part.

Lent began on Ash Wednesday, February 17, 2010. A Soup Supper took place at 6:30 p.m. followed by a Worship Service in the chapel at 7:30 p.m.



**WEDNESDAY  
LENTEN SERVICES**

Soup Supper at 6:30 p.m.  
Worship at 7:30 p.m.  
The last Wednesday gathering will be March 24, 2010.

**MARCH 14, 2010  
CONCERT  
2:00-4:00 p.m.**

*"Serving Jesus in Song,  
Pal and Friends"*  
To raise funds for those in need

We suggest Gasoline Gift Cards, Drug Store Gift Cards, Grocery Store Gift Cards, or monetary gifts. Everyone is invited to come.



**PALM SUNDAY  
March 28, 2010**

**GOOD FRIDAY  
SERVICE  
April 2, 2010  
at 7:30 p.m.**



**EASTER SUNDAY  
April 4, 2010**

Continental Breakfast at 9:30 a.m. in the Parish Hall  
Holy Communion at 10:30 a.m.

**ANNUAL PARISH  
MEETING  
Sunday, April 11, 2010**



**FATHER/SON  
BREAKFAST**

Saturday, May 1, 2010 at  
9:30 a.m.

All sons and/or fathers are  
invited.

**MISSIONARY  
OF THE MONTH**

Please pray for our Mission  
Pastor, Rev. Olu Olajide and  
his wife, Oye, and their  
family as they serve the  
Lord at the Church of the  
Pentecost, a new mission  
work of the REC in  
Chicagoland.

**TIFFANY WINDOW**

The Tiffany window, *"Lilies  
of the Field"*, which the  
parish donated to the Art  
Institute of Chicago, is now  
on display. It is located in  
Gallery 179 at the Institute,  
111 South Michigan Avenue.



**MARCH BIRTHDAYS**

- 1 Dale Muir
- 5 Ian Christenson
- 7 Charles Poole
- 9 Ally Klingen
- 12 Amy Christenson
- 17 Rev. Derrick Hassert
- 17 Igbagbo Olajide

**WORK DAYS**

Two Saturday Work Days  
have been scheduled for this  
Spring: April 17th & June  
15th.



**Visit Our Website**

[www.andrewrec.org](http://www.andrewrec.org)

**THE PALMS**

O'er all the way green palms and blossoms lay  
Are strewn this day in festal preparation;  
Where Jesus comes to wipe our tears away,  
E'en now the throng to welcome Him prepare.

**Chorus:** Join all and sing, His name declare.  
Let ev'ry voice resound in joyous acclamation.  
Hosanna! Praise ye the Lord!  
Bless Him who cometh to bring us  
Sal-va-tion!

His Word goes forth, and peoples by its might  
Once more regain freedom from degradation.  
Humanity doth give to each his right,  
While those in darkness are restored to light.

Sing and rejoice, O blest Jerusalem;  
Of all Thy songs sing the emancipation.  
Through boundless love the Christ of Bethlehem  
Brings faith and hope to thee forevermore.